

The perfect rhyme for bed time

Sleep Time

With Lilly



C a r m e n S a p t o u w

Sleep Time

With Lilly

For Leah

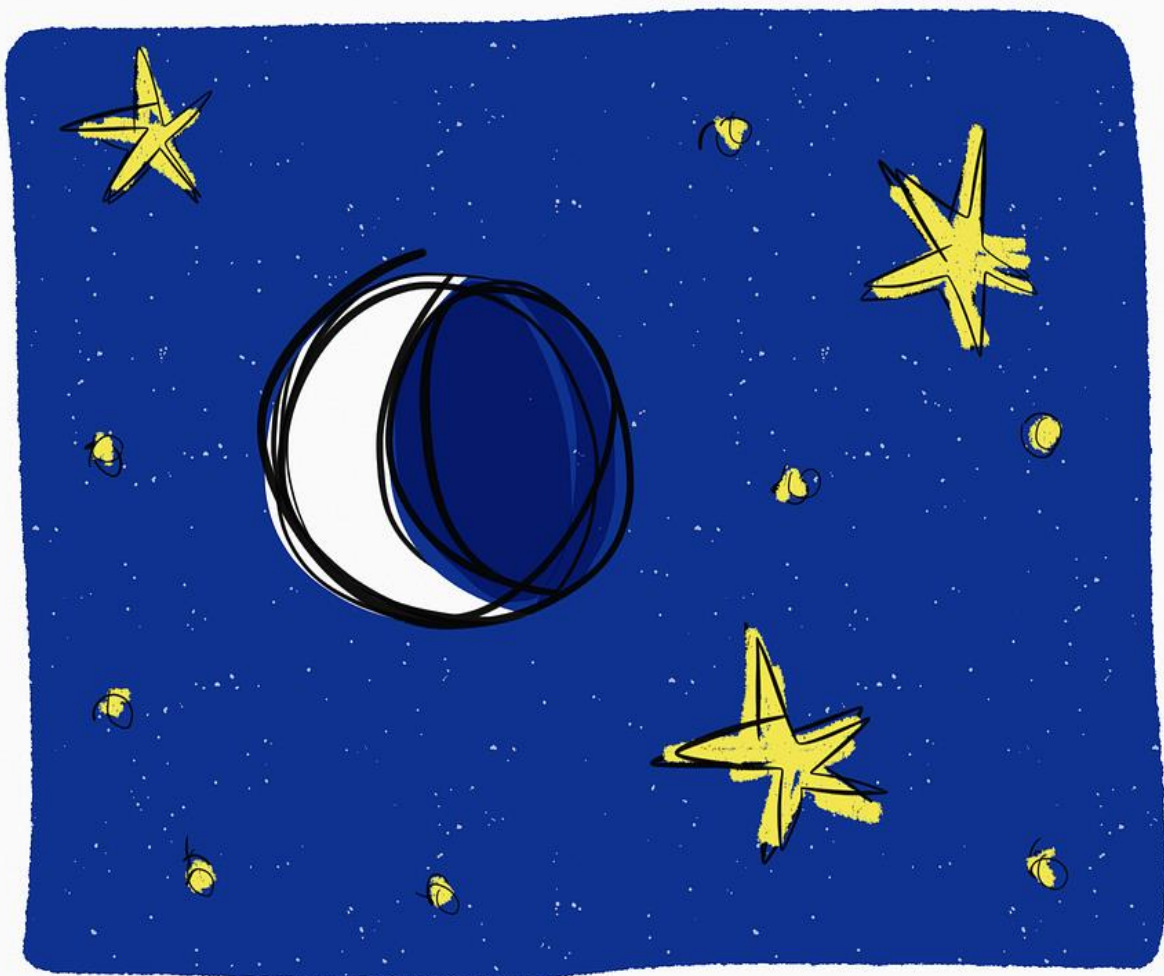
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The sky was dark and draped in sparkles of light,
Day has passed and turned to night.



Lilly's mom was getting her ready for bed.

"Now that the book is all done and read.
It's time to say good night," she said and kissed Lilly
on the head.

"But mom I am not done with this day,
Maybe another story we could read or a game we could
play?"

"No buts Lilly... when you see the moon
You know it is time for bed soon."

"Listen closely, even the night crickets make it clear.
Their chirping is a cue that it is time for sleep
my dear."

She left the room and put on the night light.
Lilly sat up as soon as her mom was out of sight.

“With this day I am not done.
Sleep is for babies and I am not one.”
She sniffed and wiped away a tear.
“I know...I will call upon the Forest Fairy she will
take me from here.”

Moments later the Forest Fairy appeared.



"Forest Fairy, take me on a night adventure please?"

"Oh no Lilly," the fairy says with a yawn,
An adventure will have to wait till dawn."

"And I bet that you are tired after the long day,
There was school, homework, chores and play."

"But I don't want to go sleep it is so boring.
Nothing happens when you sleep Forest Fairy."

"Many things happen when we sleep.
As we sleep, we dream and rest
And tomorrow we will be at our best."

"And if you want to be strong and grow,
Sleep is the key you know."

Lilly frowned in disbelief.

"Think of the flowerbed in the meadow Lilly."

"Which one Forest Fairy?"

"The Tulips, my dear Lilly."

"Oh, that is such a beautiful flower bed, so colourful and bright."

"And do you know why because they sleep at night."

"At sunrise the tulips open its petals to meet the day,
To welcome the bees and butterflies that come their way."



"And bees make pollen into honey."

"That's right Lilly."

"Mmmm yummy, honey so golden and runny."
Lilly stretches and rests against the pillows with a
yawn.



"When the sun disappear for the day and the
moon is in sight,
The tulips know it's time to close its petals tight,
And rest up during the night."

"So like the tulip let us close our eyes and drift
off to sleep,"



"To go to a dreamland with magic, wonder and
white woolly sheep,
Tomorrow is another day for adventure and play,
And with a good night's rest the better the next
day."

Lilly was fast asleep at the end of the tale.
The Forest Fairy lifted her wand and magical dust
came into sight.
She closed Lilly with some blankets and
whispered,
"Sleep well my friend and good night."

The End

Thank you for reading my book. If you enjoyed it, won't you
please take a moment and leave me a review.

Thanks!

Carmen Saptouw

About Carmen Saptouw

As a young child of only 8 years old, she was inspired to write children's stories. Following her childhood years, she got so involved with being a teenager that she completely forgot about her passion for writing.

Only in 2011, the year she turned 29, was her passion reawakened from its deep slumber when her dad found the stories she had written as a child.

So more than 20 years later she rewrote the stories with the aim to preserve it, but as she typed, the stories evolved and new ideas were sparked.

She aspires to share her stories with children around the world, and for each story to have a sound moral lesson. For updates and new releases visit [Tales by Carmen Saptouw](#).